

## ERGOBABY NATURAL CURVE NURSING PILLOW + COVER

# INSTRUCTIONS FOR USE

### STEP 1: GET COMFORTABLE

- Use the Ergobaby Natural Curve Nursing Pillow to support baby while nursing to achieve a comfortable breastfeeding position

### STEP 2: POSITION THE PILLOW

- Position the Natural Curve Nursing Pillow on your lap with the curved side against your waist

### STEP 3: PLACE BABY ON THE PILLOW

- Pick up baby so that he is facing you and rest his head directly on the pillow

### STEP 4: ACHIEVE A HEALTHY LATCH

- Use your hands to help baby latch on appropriately
- Keep one hand on baby at all times

### CARE

- Pillow: Wipe clean with water if needed, flat dry
- Cover: Machine Washable

